

RELATIONSHIP BETWEEN SELF REGULATION WITH FREE SEX BEHAVIOR IN ADOLESCENT MALE.

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ABSTRACT :

This study aims to examine the relationship between self-regulation with free sex behavior in adolescent males. With the assumption that if self-regulation is high, then lower his free sex. Conversely, if self-regulation is low, the high free sex behavior. Subjects in this study were male student level I to IV of the three universities, namely Gunadarma, YAI, and UNJ. The data obtained were then analyzed using Pearson product moment correlation using SPSS version 12.0 for windows. Previously, do try out questionnaires prior to the 90 subjects. Then test the validity of the technique of item-total correlation and Cronbach alpha reliability of the technique. To measure self-regulation, out of 51 tested items obtained 36 valid items, with correlations ranging from 0309 until 0755. To test reliability obtained a value of 0903.. Then do the research by distributing a questionnaire to 90 subjects equally, and test assumptions, where the distribution of scale scores from the two otherwise normal and linear. Based on the findings when viewed from the mean, the mean empirical result that self-regulation at 88.33, were among the mean minus one standard deviation of hypothetical ($90-18 = 72$) and the hypothetic mean plus one standard deviation ($90 +18 = 108$). This means that the general subject of self-regulation in middle category. Empirical mean of 106.48 free sex, lies between the mean minus one standard deviation of hypothetical ($110-22 = 88$) and the hypothetical mean plus one standard deviation ($110 +22 = 132$). This means that in general the subject of sex behavior in middle category. While based on data analysis using Pearson product moment, correlation values obtained for 0728 with the significance of 0000 ($p < 0.01$). Conclusions based on the description of the subject, it is known that 21-year-old subject (at level IV) had the highest self-regulation, while those aged 18 years (at level I) had the highest free sex. Then the subject who was dating but it was empty to have the highest self-regulation, whereas subjects who are dating have a free sex of the most high. Also obtained the highest self regulation on the subject of a long relationship less than one year. While for the

highest free sex on the old subject relationship more than three years. In addition, subjects with known age of first dating over 17 years has the highest self-regulation, while the subject with the first age dating under 15 years had the highest free sex. Then the subjects who lived with his parents to have the highest self-regulation, whereas the subjects who lived in the boarding house have the highest free sex.